

# **PHYSIATRY**

## **ELAINE S. DATE, M.D.**

**CERTIFICATIONS:** Diplomate of National Board Medical Examiners, 1983  
Diplomate of American Board of Physical Medicine & Rehabilitation, 1986  
Diplomate of American Board of Electrodiagnostic Medicine, 1989  
Qualified Medical Examiner, 2008

**CURRENT PROFESSIONAL AFFILIATIONS AND APPOINTMENTS:** Partner, ReMeDy Medical Group, 2009 - present  
Utilization Physician Reviewer, November 2006 - present  
Chronic Pain Management Physician, San Mateo Medical Center, 2008 – present  
Qualified Medical Examiner, 2008 - present

**ACADEMIC HISTORY:** Stanford University School of Medicine, B.S. Biology, 1978  
The Medical College of Pennsylvania, Maryland, 1982  
Combined Internship/Residency Program, Stanford University  
Santa Clara Valley Medical Center, 1982  
Physical Medicine & Rehabilitation Residency Program, 1983-1985  
Medical Acupuncture for Physicians, UCLA Extension course, 1992-1993

**EMPLOYMENT HISTORY:** **Stanford University School of Medicine**  
Chief Resident, PM&R, 1984-1985  
Residency Training Director, PM&R, 1985-1988  
Acting Assistant Professor, Department of Surgery, 1988  
Residency Program Director, PM&R Residency Program, 1988-2007  
Assistant Professor, Department of Surgery, 1989-1995  
Section Chief, Rehabilitative Medicine, Division of Plastic and Reconstructive Surgery, 1989-2000  
Division Head, PM&R, Department of Orthopaedic Surgery, 1990-2007, (Functional Restoration until July 2002)  
Assistant Professor, Department of Functional Restoration, 1991-1995 and 1995-2000-2002  
Director, Stanford PM&R Spine Fellowship, 1998-200 and 2002-2003  
Associate Professor, Department of Orthopaedic Surgery, 2002-2008  
Adjunct clinical Associate Professor, Department of Orthopaedic Surgery, 2008-2011  
**Palo Alto Veterans Affairs Health Care System**  
Acting Chief, Rehabilitation Medicine Services 1986-1988  
Chief, PM&R Service, 1988-2007  
Director, Comprehensive Rehabilitation Center, 1988-1994  
Director, Traumatic Brain Injury Unit, 1993-1994  
Medical Director, Polytrauma Rehabilitation Center, 2005-2007  
Physiatrist/medical Coordinator, Poly Trauma Transitional Rehabilitation Program, 2006-2008

# ELAINE S. DATE, M.D. (continued)

## **PUBLIC AND PROFESSIONAL SERVICE:**

### **Stanford University School of Medicine**

PM&R Team Physician, Stanford Men's and Women's gymnastics Teams, 1992

PM&R Team Physician, Stanford Women's Volleyball Team, 1992-1994

Appearances on local TV, Stanford Health Matters, "Shoulder Injuries," "Spinal Cord Injury"

Stanford Medical Faculty Department Senator

Stanford Investigational Review Board Member, 2002-2006

### **Palo Alto Veterans Affairs health Care System**

Founder, Traumatic Brain Injury Unit, 1990

### **State and National**

Guest Oral Board Examiner, American Board of Electrodiagnostic Medicine, 2009

Article Reviewer, *Muscle and Nerve*, 2002-2008

Editorial Board, *Muscle and Nerve*, 1984-2001

Article Reviewer, *Journal of Sports Medicine*, 1996-2001

Physical Medicine & Rehabilitation Scientific Advisory Group, California Medical Association, 1992-2000

*Numerous other State and National Professional Services*

## **MEMBERSHIPS:**

American Association of Neuromuscular and Electrodiagnostic Medicine International Society of Injection Specialists

## **COMMITTEES:**

Taskforce for Graduate medical Education Committee, American Association for Neuromuscular and Electrodiagnostic Medicine, 2002-2009

Polytrauma Steering Committee, VA Palo Alto, 2005-2008

Stanford Medical Center Graduate Education Committee, 1995-2007

Taskforce for EMG Guidelines, American Association of Electrodiagnostic Medicine, 2003-2006

Stanford Medical Adjunct Faculty committee, 2003-2005

## **MOST RECENT SCHOLARLY PUBLICATIONS:**

Derby R, Lee SH, Date ES, Lee JH, Lee CH. Size and aggregation of corticosteroids used for epidural injections. *Pain Med.* 2008 Mar;9(2):227-34

Lew HL, Lee EH, Castaneda A, Klima R, Date E. Therapeutic use of botulinum toxin type A in treating neck and upper back pain of myofascial origin: a pilot study. *Arch Phys Med Rehabil.* 2008 Jan;89(1):75-80

Seo KS, Derby R, Date ES, Lee SH, Kim BJ, Lee CH. In vitro measurement of pressure differences using manometry at various injection speeds during discography. *Spine J* 2007 Jan-Feb;7(1):68-73

Fredericson M, Kim BJ, Date ES, McAdams TR. Injury to the deep motor branch of the ulnar nerve during hook of hamate excision. *Orthopedics.* 2006 May;29(5):456-8

Date ES, Kim BJ, Yoon JS, Park BK. Cervical paraspinal spontaneous activity in asymptomatic subjects. *Muscle Nerve.* 2006 Sep;34(3):361-4

## **ADELBERG ASSOCIATES MEDICAL GROUP**